



Rtn. Francesco Arezzo
RI President

Rtn. K Palaksha
District Governor

Rtn. Amit Aravind
Assistant Governor

Rtn. Smitha Kamath
Zonal Lieutenant

Rtn. Shashikala Rajavarma
Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S

Rtn. Sajani Shirali
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty

Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good
Health

Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do

- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Breakfast Meeting
(Joint Meeting with RCMT &
IFMR Udupi Subchapter)
Wednesday 06th November 2025
Rotary Bhavan, Manipal
Theme: Rotary K2K IMFR India Rally
Meeting Co-ordinator:
Rtn. Sunny Jain & Rtn. RSP Rao
No. of Participants: 60

Club Service



Overview

The Joint Meeting hosted by RC Manipal, RC Manipal Town, and IFMR Udupi Subchapter marked a significant moment in welcoming the Rotary K2K IFMR India Rally Riders, who are on a nationwide mission promoting peace, environmental sustainability, and preventive health. With inspiring addresses by the Ride Captain, AG, and DG, active participation from both clubs, ceremonial flag exchanges, and symbolic sapling plantation, the event showcased Rotary's unity and commitment to service. The gathering culminated with DG Palaksha flagging off the riders to their next destination, Goa, amidst warm wishes for a safe and impactful journey.

RC Manipal, RC Manipal Town, and IFMR Udupi Subchapter jointly organized a memorable meeting with the IFMR India K2K Riders as part of the Rotary K2K IFMR India Rally—a Pan-India initiative from Kanyakumari to Kashmir promoting **Peace through Environment and Health**. The rally features around 30 Rotarians riding over **14,000 km in 17 days**, covering **43 Rotary Districts** via three routes—Central, Western, and Eastern—between November 4 and 30, 2025. On November 6th, a warm breakfast meeting was held to welcome the 10 Riders of the Western Route, supported by Ride Captain **Rtn. Ajit S Ram**. The gathering began at 8:00 am with a grand welcome, followed by a sumptuous breakfast.

The stage program commenced with an invocation by **Rtn. Geetha Kausik**, after which RCM President **Rtn. Shashikala Rajavarma** extended a heartfelt welcome to the IFMR team and members of both clubs. In his presentation, Ride Captain **Rtn. Ajit S Ram** highlighted the rally's vision: *three teams with one mission—to unite communities through shared purpose and dialogue*, emphasizing Environmental Sustainability, Preventive Health and Wellbeing, Peace through Collective Action, and Rotary's flagship mission to End Polio.

The meeting was held under the guidance of **Assistant Governor Rtn. Amit Aravind**, with the distinguished presence of **District Governor Rtn. Palaksha K**, whose motivational address added immense value and inspiration to the event. The enthusiastic participation of members from both clubs showcased exemplary unity and fellowship. The Joint Meeting, along with **Flag Exchange** between the clubs and the IFMR team, elevated the occasion to an international-level event. **RCMT President-Elect Rtn. Navin Kumar Kodamara** delivered an appreciative Vote of Thanks.



Following the meeting, members of both clubs, along with the IFMR Riders, AG, and DG, planted saplings as a symbolic gesture of promoting **Peace through Environment and Health**. DG **Rtn. Palaksha** then officially flagged off the IFMR Riders as they continued their journey towards Goa. All Rotarians gathered to bid a warm farewell and wished the team a safe and successful ride ahead.

Club Service



06-11-2025: The meeting was held under the guidance of **Assistant Governor Rtn. Amit Aravind**, with the distinguished presence of **District Governor Rtn. Palaksha K**, whose motivational address added immense value and inspiration to the event. The enthusiastic participation of members from both clubs showcased exemplary unity and fellowship. **RCMT President-Elect Rtn. Navin Kumar Kodamara** delivered an appreciative Vote of Thanks.



10.11.2025: Fourth Zonal Review Meeting hosted by RC Aisiri Parkala at Rotary Hall Parkala. Club Secretary Rtn. Vanishree Rao presented the October 2025 Club Report

International Service



The **Flag Exchange** between the clubs and the IFMR team, elevated the occasion to an international-level event. Flag Exchange with IFMR Team



TRF Contribution by Rtn. Dr Nagesh Kumar H

New Generation Service



2-11-2025, Venue: KMC Blood Bank, Manipal, Organized by: Rotaract Club of Manipal, In collaboration with: Students for Seva, The Rotaract Club of Manipal successfully organized a Blood Donation Drive on 2nd November at KMC Blood Bank in collaboration with Students for Seva. The event witnessed enthusiastic participation from students who came forward to contribute towards a noble cause. Volunteers ensured a smooth and comfortable experience for all donors, assisting in registration, coordination, and refreshments. The drive aimed to spread awareness about the importance of regular blood donation and community service, reinforcing the spirit of compassion and social responsibility among participants.



Rotarians in Action



Congratulations Rtn. Sunny Jain for the recognition in BNiC



07.11.2025: At Cochin Shipyard, Malpe, Rtn. Dr Yashwant delivered a talk on Cyber Security Awareness, which was well admired.

ಸಮೃದ್ಧಿ-2025 Samruddhi-2025 THE ROTARY FOUNDATION & POLIO PLUS SEMINAR

Samruddhi, the District Seminar was held at the Shimoga Arecanut Merchant's Sports Club, Shivamogga on 8th & 9th November, 2025 by the host Club RC Shimoga East. The event was inaugurated by AKS DGE Rtn. Ravishankar Dakoju, who rendered an enlightening speech, The meetings were preceded by DG Rtn. Palaksha K. The Knowledge sessions by PDGs on Joy of Giving, CSR, Scale Grant, End Polio & TRF were mind blowing. RC Manipal was recognized for the highest contribution for Polio Plus Fund & 3rd highest contribution for TRF Annual Fund for the year 2024-25. The members who paid \$100 or more for Polio Plus Fund were recognized. AG Rtn. Amit Aravind received the recognition for Zone 4 as the Zone that contributed highest for Polio Plus Fund. Around 12 Members / Family from RC Manipal attended the Seminar.



Public Image

Rotary 3182 **UNITE FOR GOOD** **International Brotherhood of Firefighters**

RC Manipal, RC Manipal Town & IFMR Udupi Subchapter
organise the **Joint Meeting with IFMR India K2K Riders**

ROTARY K2K IFMR INDIA RALLY
PEACE-THROUGH ENVIRONMENT & HEALTH
26 Rotarians, 14800+ kms, 17 days, 50+ Cities, 15 States, 62 UTs, 43 RI Districts, 4th Nov. 2025 to 20th Nov 2025

Chief Guest
Rtn Palaksha K
District Governor, RI Dist 3182

Guest of Honour
Rtn Anil Aravind
Assistant Governor, Zone IV

Rotary Sports Complex
Ananth Nagar, Manipal

Thursday
06th November 2025

SAM

Rtn Vijay K Manna
President, Rotary Club, Manipal

Rtn Shankshale Rajavarma
President, Rotary Club, Manipal

Rtn Dr Deepak Ram Bairy
President, Rotary Club, Manipal

ಮಣಿಪಾಲ: ನಾಳೆ (ನ.6) ವಿಶೇಷ ಜಂಟಿ ಸಭೆ;
ರೋಟರಿ k2k IFMR ಇಂಡಿಯಾ ರಕ್ತಯಲಿ ತಂಡದ...
ಮಣಿಪಾಲ: ರೋಟರಿ ಕ್ಲಬ್-ಮಣಿಪಾಲ, ರೋಟರಿ ಕ್ಲಬ್-
ಮಣಿಪಾಲ ಟೌನ್ ಮತ್ತು ಐಎಫ್‌ಎಂಆರ್ (IFMR) ಉಡುಪಿ
udupixpress.com

ಮಣಿಪಾಲ: ನಾಳೆ (ನ.6) ವಿಶೇಷ ಜಂಟಿ ಸಭೆ;
ರೋಟರಿ k2k IFMR ಇಂಡಿಯಾ ರಕ್ತಯಲಿ ತಂಡದ ಸಾಹಸಮಯ ಯಾತ್ರಿಕರು ಭಾಗಿ
<https://udupixpress.com/manipal-special-joint-meeting-nov-6-adventurous-pilgrims-rotary-k2k-ifmr-india-rally-team-participate/>

ಉಡುಪಿXpress ಗ್ರೂಪ್ ಸೇರಲು ಈ ಕೆಳಗಿನ ಲಿಂಕ್ ಕ್ಲಿಕ್ ಮಾಡಿ
<https://chat.whatsapp.com/KzJbexaj1YSDuzoDEu09qA?mode=wwt>
6:16 pm



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ಪರಿಸರ ಮತ್ತು ಆರೋಗ್ಯದ ಮೂಲಕ ಶಾಂತಿಯ ಉದ್ದೇಶ
ಮಣಿಪಾಲದಲ್ಲಿ ಬೈಕ್ ಯಾತ್ರಿಗೆ ಚಾಲನೆ



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ಇಂದು ರೋಟರಿ ಜಂಟಿ ಸಭೆ

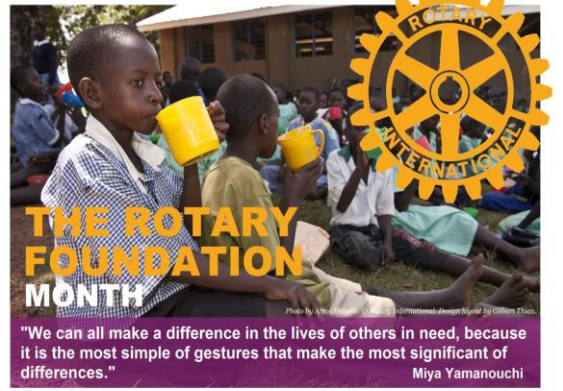
ಮಣಿಪಾಲ, ನ. 6: ರೋಟರಿ ಕ್ಲಬ್ ಮಣಿಪಾಲ, ರೋಟರಿ ಕ್ಲಬ್ ಮಣಿಪಾಲ ಟೌನ್ ಮತ್ತು ಐಎಫ್‌ಎಂಆರ್ ಉಡುಪಿ ಘಟಕದ ಆಶ್ರಯದಲ್ಲಿ ವಿಶೇಷ ಜಂಟಿ ಸಭೆಯು ನ.6ರ ಬೆಳಿಗ್ಗೆ 8ಗಂಟೆಗೆ ಮಣಿಪಾಲದ ಆನಂತ್ ನಗರದಲ್ಲಿರುವ ರೋಟರಿ ಸೋರ್ಟ್ ಕಾಂಪ್ಲೆಕ್ಸ್‌ನಲ್ಲಿ ನಡೆಯಲಿದೆ. ಈ ಸಭೆಯಲ್ಲಿ 'ರೋಟರಿ ಕೆ2ಕೆ ಐಎಫ್‌ಎಂಆರ್ ಇಂಡಿಯಾ ರಕ್ತಯಲಿ ತಂಡದ ಸಾಹಸಮಯ ಯಾತ್ರಿಕರು ಭಾಗವಹಿಸಲಿದ್ದಾರೆ.

ಈ ಬೃಹತ್ ಬೈಕ್ ರ್ಯಾಲಿಯು ಕೆನ್ಯಾಕುಮಾರಿಯಿಂದ ಕಾಶ್ಮೀರದ ವರೆಗೆ 'ಬೀನ್ ಥ್ರೂ ಎನ್‌ವಾರ್ನ್‌ಮೆಂಟ್ ಆಂಡ್ ಹೆಲ್ತ್ ಎಂಬ ಸಂದೇಶವನ್ನು ಸಾರುತ್ತಾ

ಸಾಗುತ್ತಿದೆ. 26 ಮಂದಿ ರೋಟರಿ ಬೈಕರ್ ಗಳು 17 ದಿನಗಳಲ್ಲಿ 15 ರಾಜ್ಯಗಳು ಮತ್ತು 2 ಕೇಂದ್ರಾಡಳಿತ ಪ್ರದೇಶಗಳ 50 ನಗರಗಳಲ್ಲಿ 43 ರೋಟರಿ ಜಿಲ್ಲೆಗಳನ್ನು ಸಂಪರ್ಕಿಸಿ, 14,000 ಕಿ.ಮೀ. ದೂರ ಸಾಗಿ ಯಾತ್ರೆ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ.

ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ರೋಟರಿ ಅಂತಾರಾಷ್ಟ್ರೀಯ ಜಿಲ್ಲೆ 3182ರ ಜಿಲ್ಲಾ ಗವರ್ನರ್ ಪಾಲಾಕ್ ಕೆ., ವಲಯ 4ರ ಅಸಿಸ್ಟೆಂಟ್ ಗವರ್ನರ್ ಅಮಿತ್ ಅರವಿಂದ್, ಐಎಫ್‌ಎಂಆರ್ ಇಂಡಿಯಾದ ಆಜಿತ ಹಾಗೂ ರೋಟರಿ ಕ್ಲಬ್ ಮಣಿಪಾಲ, ಮಣಿಪಾಲ ಟೌನ್ ಹಾಗೂ ಐಎಫ್‌ಎಂಆರ್ ಉಡುಪಿ ಘಟಕದ ಅಧ್ಯಕ್ಷರು ಹಾಗೂ ಸದಸ್ಯರು ಹಾಜರಾಗಲಿದ್ದಾರೆ.

NOVEMBER IS



The Rotary Foundation

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Celebrations

09-Nov	Rtn Dr Swati Shouri	Birthday
10-Nov	Rtn Prema Siddanagouda Patil	Birthday
11-Nov	Rtn K S Jaivittal and Rtn Vijaylaxmi	Anniversary

COMING TOGETHER
IS A BEGINNING.

KEEPING TOGETHER
IS PROGRESS.

WORKING TOGETHER IS
SUCCESS.